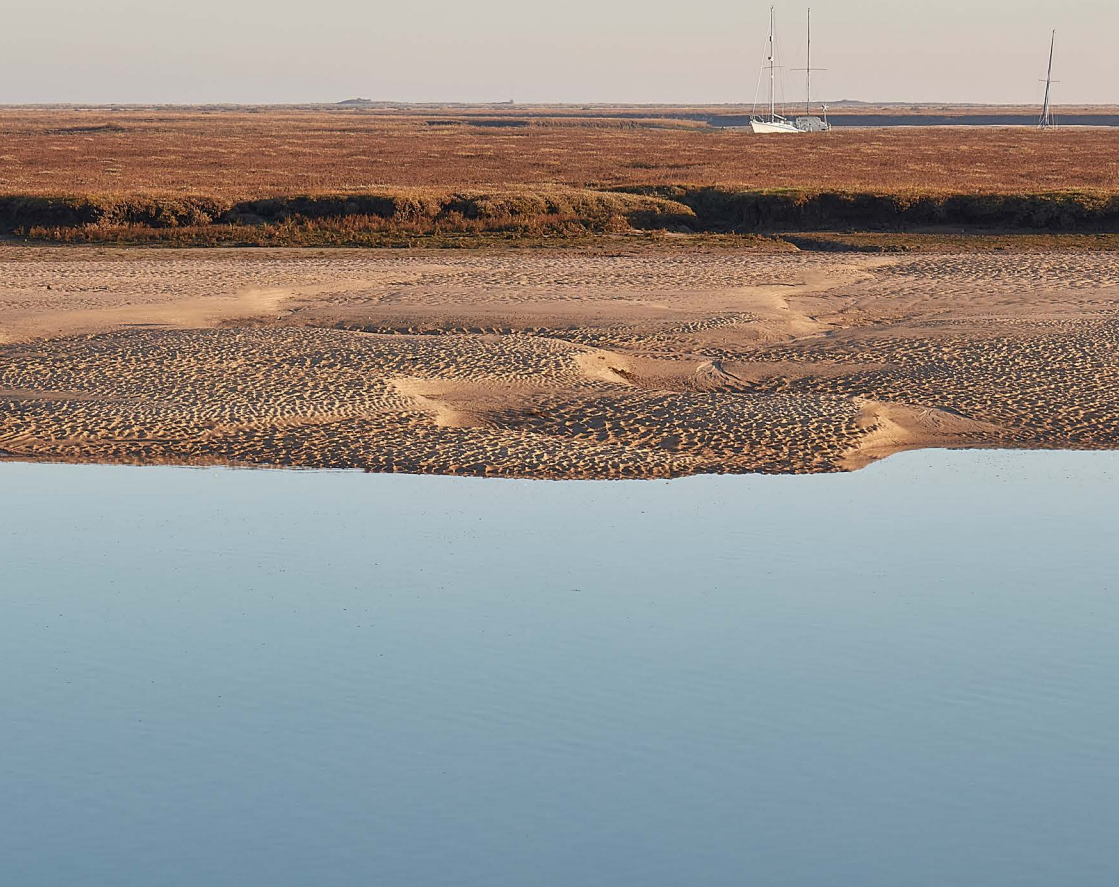




**BEAUTY  
SPA**



## **FACIALS**

### **THE HOSTE SIGNATURE FACIAL - £38**

A 'quick fix' facial that is unique for maximum results in minimum time.

### **THE HOSTE LUXURY FACIAL - £70**

This Luxurious facial is specifically tailored for your skin & will include deep cleansing, exfoliation & a treatment specific massage & mask.

## **MASSAGE + HOLISTIC**

### **THE HOSTE SIGNATURE BACK MASSAGE - £38**

Relax your muscles & mind with our targeted back massage.

### **THE HOSTE FULL BODY MASSAGE - £65**

Relax with our signature full body massage, a full treat for the body & mind.

### **THE HOSTE LUXURY FULL BODY MASSAGE - £75**

A complete journey into of relaxation from head to toe.

Includes a luxurious face & scalp massage to help release muscle tension

### **THE HOSTE MOTHER -TO -BE MASSAGE - £75**

A beautiful full body massage adapted to suit the needs of pregnancy to soothe all those aches & pains. Must be past your first trimester.

### **DEEP TISSUE FULL BODY MASSAGE - £95**

This deep pressured massage aims to relieve muscle imbalances & aid with managing longer term persistent muscle tension.

### **HOT STONE FULL BODY MASSAGE - £85**

The combination of hot volcanic stones and flowing movements deeply soothes the muscles leaving you feeling completely de-stressed. A truly unique experience.

### **INDIAN HEAD MASSAGE - £45**

A relaxing back massage focusing on the shoulders & neck, followed by a face & scalp massage using pressure points to relieve tension.

### **REFLEXOLOGY - £50**

This ancient healing art uses pressure points on the feet as a map to relax your entire body.

### **SALT & OIL SCRUB - £40**

Full Body exfoliation combining sea salts with essential oil.

### **HOPI EAR CANDLING - £40**

Calm the mind & soothe the head & ears, including a scalp massage.

### **ESPA BACK, FACE + SCALP TREATMENT - £95**

Revitalising back exfoliation, tension release back massage & luxury facial including a scalp massage.

## **JESSICA HANDS + FEET**

**JESSICA SHAPE AND POLISH - £18**

On fingers or toes

**HOSTE SIGNATURE MANICURE - £32**

File, soak, cuticle work & polish

**JESSICA LUXURY MANICURE - £40**

File, exfoliate, mask with heated mitts, massage, cuticle work & polish

**HOSTE SIGNATURE PEDICURE - £35**

File, rasp & soak. Cuticle work & polish

**JESSICA LUXURY PEDICURE - £42**

File, rasp, exfoliate, massage, cuticle work & polish

**GELERATION MANICURE - £35**

**GELERATION PEDICURE - £40**

**SOAK OFF (only available with re-application) - £5**

**SOAK OFF + TREATMENT - £18**

## **WAXING**

**BACK OR CHEST WAX £25**

**FULL LEG - £30**

**1/2 LEG - £20**

**BIKINI - £15**

**UNDERARM - £15**

**EYEBROW - £12**

**LIP OR CHIN - £7**

**LIP & CHIN - £12**

## **TINTING**

**EYELASH - £15**

**EYEBROW - £8**

**LASH & BROW TINT - £20**

Requires a patch test 24 hours prior to treatment.

## **PAMPER PACKAGES**

### **SPA GARDEN RETREAT**

Hoste Signature Back massage or facial followed by a scalp massage. Enjoy a hot drink in the Spa Garden afterwards to unwind. £50 per person.

### **HOSTE TEMPTATION EXPERIENCE**

Hot drink on arrival in our Spa Garden then indulge in a Hoste Signature back massage & facial, including a scalp massage. Finish off the Experience with a two course lunch & a glass of house wine. £80 per person.

### **CHAMPAGNE AFTERNOON TEA EXPERIENCE**

Enjoy our back reviving treatment & massage followed by a Hoste Signature facial. Indulge a little more by enjoying a Champagne Afternoon Tea in the hotel restaurant. £90 per person.

### **MOTHER TO BE EXPERIENCE**

Take some time to enjoy a restful back massage & luxury facial. Relax in the Spa Garden afterwards with a hot drink. £110 per person

### **HOSTE DELUXE FULL EXPERIENCE**

Ultimate me time, start with a full body massage & luxury facial, followed by a manicure or pedicure. Enjoy a two course lunch with a glass of house wine in the restaurant. £250 per person.

### **COUPLES RETREAT EXPERIENCE**

Full body massage & luxury facial in our couples suite. Followed by a glass of fizz in our Spa Garden. £290 per couple

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### **CANCELLATION POLICY**

Pamper Packages - 50% non-refundable deposit is taken upon booking & we require a 48 hour notice period to cancel the reservation.

### **TREATMENTS**

We require at least 24 hours notice to cancel reservations, if cancellations are made less than 24 hours there will be 50% charge of the treatment cost.

**WE LOOK FORWARD TO WELCOMING YOU  
TO THE HOSTE BEAUTY SPA.**

**OPEN EVERDAY - 9AM - 7PM**

**THE HOSTE, THE GREEN  
BURNHAM MARKET, NORFOLK  
PE31 8HD**

**01328 637778 - BEAUTY@THEHOSTE.COM**