



BEAUTY  
SPA



## **FACIALS**

### **THE HOSTE SIGNATURE FACIAL - £35**

A 'quick fix' facial that is unique for maximum results in minimum time.

### **THE HOSTE LUXURY FACIAL - £70**

This Luxurious facial is specifically tailored for your skin & will include deep cleansing, exfoliation & a treatment specific massage & mask.

Customised skincare products including an intensive booster serum are chosen to suit your individual needs to achieve maximum results.

## **MASSAGE**

### **THE HOSTE SIGNATURE BACK - £35**

Relax your muscles & mind with our targeted back massage.

### **THE HOSTE FULL BODY - £60**

Relax with our signature full body massage, a full treat for the body & mind.

### **THE HOSTE LUXURY FULL BODY MASSAGE - £70**

A complete journey into of relaxation from head to toe.

Includes a luxurious face & scalp massage to help release muscle tension

### **THE HOSTE MOTHER -TO -BE MASSAGE - £75**

A beautiful full body massage adapted to suit the needs of pregnancy to soothe all those aches & pains. Must be past your first trimester.

### **AROMATHERAPY FULL BODY MASSAGE - £65**

Our signature full body massage including the added luxury of a face & scalp massage.

### **DEEP TISSUE FULL BODY MASSAGE - £95**

This deep pressured massage aims to relieve muscle imbalances & aid with managing longer term persistent muscle tension.

### **LAVA SHELL FULL BODY - £85**

The combination of warmed Lava Shells & flowing movements deeply soothes the muscles leaving you feeling completely de-stressed. A truly unique experience.

### **INDIAN HEAD MASSAGE - £45**

A relaxing back massage focusing on the shoulders & neck, followed by a face & scalp massage using pressure points to relieve tension.

### **REFLEXOLOGY - £50**

This ancient healing art uses pressure points on the feet as a map to relax your entire body.

### **SALT & OIL SCRUB - £40**

Full Body exfoliation combining sea salts with essential oil.

## **SPA PACKAGES**

### **SPA GARDEN RETREAT**

Hoste Signature Back massage followed by a Scalp massage or a Hoste signature facial followed by a hand or foot massage. £50 per person.

### **HOSTE TEMPTATION HALF SPA DAY**

Relax in our spa garden with a hot drink or soft drink, with a choice between a Hoste Signature back massage or facial followed by a hand or foot Massage, Finish off your experience with a two course lunch & a glass of wine. £80 per person.

### **CHAMPAGNE AFTERNOON TEA PACKAGE**

Enjoy a Hoste Signature back massage followed by a Hoste Signature facial & a champagne afternoon tea in the hotel restaurant. £90 per person.

### **MOTHER TO BE PACKAGE**

Enjoy a beautiful Hoste signature back massage followed by a Hoste signature Facial adapted to suit of pregnancy to soothe all those aches & pains. Must be past your first trimester. £75 per person

### **HOSTE DELUXE FULL SPA DAY**

Completely unwind by starting your day in our secluded spa garden with a glass of Fizz. Indulge in a Hoste Signature full body massage & luxury manicure or pedicure. Enjoy a two course lunch & a glass of house wine to finish off your day. £200 per person.

### **COUPLES RETREAT**

Relax in the secluded spa garden with a glass of fizz followed by a Hoste luxury full body massage & Hoste luxury facial in our couples suite. £290 per couple

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### **CANCELLATION POLICY**

Cancellations must be received at least 24 hours prior to the appointment time, if cancellations are made within this time period there will be a 50% charge of treatment cost.

**WE LOOK FORWARD TO WELCOMING YOU  
TO THE HOSTE BEAUTY SPA.**

**OPEN EVERDAY - 9AM - 7PM**

**THE HOSTE, THE GREEN  
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PE31 8HD**

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