



**H**  
**BEAUTY**  
**SPA**

## **FACIALS**

### **THE HOSTE SIGNATURE FACIAL - £38**

A 'quick fix' facial that is unique for maximum results in minimum time.

### **+FACE WORK OUT (15 mins) - £15**

Encourage toned, tightened & smoother skin with this 15 minute face muscle work out.

### **THE HOSTE LUXURY FACIAL - £70**

This Luxurious facial is specifically tailored for your skin & will include deep cleansing, exfoliation & a treatment specific massage & mask.

Customised skincare products including an intensive booster serum are chosen to suit your individual needs to achieve maximum results.

## **MASSAGE**

### **THE HOSTE SIGNATURE BACK - £38**

Relax your muscles & mind with our targeted back massage.

### **+BODY POLISH (20 mins) - £20**

Add a back exfoliation to your signature back massage to leave your skin feeling smooth & radiant.

### **THE HOSTE FULL BODY - £65**

Relax with our signature full body massage, a full treat for the body & mind.

### **THE HOSTE LUXURY FULL BODY MASSAGE - £75**

A complete journey into of relaxation from head to toe.

Includes a luxurious face & scalp massage to help release muscle tension

### **THE HOSTE MOTHER-TO-BE MASSAGE - £75**

A beautiful full body massage adapted to suit the needs of pregnancy to soothe all those aches & pains. Plus scalp massage. Must be past your first trimester.

### **DEEP TISSUE FULL BODY MASSAGE - £95**

This deep pressured massage aims to relieve muscle imbalances & aid with managing longer term persistent muscle tension.

### **HOT STONES FULL BODY & SCALP MASSAGE - £85**

The combination of warmed hot stones & flowing movements deeply soothes the muscles leaving you feeling completely de-stressed. A truly unique experience.

### **INDIAN HEAD MASSAGE - £45**

A relaxing back massage focusing on the shoulders & neck, followed by a face & scalp massage using pressure points to relieve tension.

### **REFLEXOLOGY - £50**

This ancient healing art uses pressure points on the feet as a map to relax your entire body.

### **SALT & OIL SCRUB - £40**

**+ THE HOSTE SIGNATURE BACK MASSAGE - £35**

## **SPA PACKAGES**

### **SPA GARDEN RETREAT - £50 per person**

Choose from a Hoste Signature Back Massage followed by a scalp massage or a Hoste signature facial followed by a hand or foot massage. Follow your treatment with a relaxing hot or cold drink in the spa garden.

### **HOSTE TEMPTATION HALF SPA DAY - £80 per person**

Relax in our spa garden with a hot drink or soft drink, with a choice between a Hoste Signature back massage & facial. Finish off your experience with a two course lunch & a glass of wine.

### **CHAMPAGNE AFTERNOON TEA PACKAGE - £90 per person**

Enjoy a Hoste Signature back massage followed by a Hoste Signature facial & a champagne afternoon tea in the hotel restaurant.

### **MOTHER TO BE PACKAGE - £75**

Enjoy a beautiful Hoste signature back massage followed by a Hoste signature Facial & scalp massage adapted to suit of pregnancy to soothe all those aches & pains. Must be past your first trimester.

### **HIKE & HEAL - £38**

Relax your tired legs with a deep tissue leg massage followed by a relaxing foot massage. Perfect after a day of activities. Put your feet up in the lounge with a complimentary hot or cold drink afterwards.

### **TWILIGHT CINEMA PACKAGE - £80**

Choose between a full body massage or a luxury facial. Then relax in our luxurious cinema at our 6.30pm showing with complimentary popcorn & a glass of fizz!

### **THE HOSTE DELUXE - £120**

Enjoy our most popular treatments in one session, begin with a back exfoliation & a signature back massage followed by a luxury facial. Complimentary hot or cold drink included.

### **COUPLES RETREAT - £290 per couple**

Relax in the secluded spa garden with a glass of fizz followed by a Hoste luxury full body massage & Hoste luxury facial.

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### **CANCELLATION POLICY**

Cancellations must be received at least 24 hours prior to the appointment time, if cancellations are made within this time period there will be a 25% charge of treatment cost.

Please note we currently only have one therapist so treatments will be one after the other.

**WE LOOK FORWARD TO WELCOMING YOU  
TO THE HOSTE BEAUTY SPA.**

**OPEN EVERDAY - 9AM - 7PM**

**THE HOSTE, THE GREEN  
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